DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School - Summer V1

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 5 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Baked Potato BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Grated Chiltern Local |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Baked Beans BF-30396 | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayonnaise BF-30530, 04134 |  |  |  | $\downarrow$ | $\nu$ |  |  |  |  |  |  |  |  |  |
| Vegetable Paella BF-06587 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Yoghurts BF-72942,99120, 99126 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Exotic Fruit Salad CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beef Meatballs with tomato sauce BF-19401, 17576 30271, |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Meatballs with tomato sauce $\text { BF - } 10307$ |  |  |  |  |  |  |  |  |  |  |  |  | $\nu$ |  |


| DISHES |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 5 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur <br> Dioxide |
| Steamed Rice BF-06587 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Mousse CL |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Roast Chicken \& Gravy BF-86045 |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { IN } \\ \text { GRAVY } \end{gathered}$ |  |
| Roast potato BF-43028 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Cauliflower Cheese BF-04193, CL |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Mixed Vegetables CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit platter BIR | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta Carbonara BF-70490, 04193 |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Spinach Carbonara BF-70490, 04193 |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Peas \& Green beans CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |



| Tuna Mayo Bagel BF-43453,42389, 30530 , <br> 37897 |  | $\nu$ |  | $\sqrt{\prime}$ | $\sqrt{ }$ |  |  |  |  |  |  | May contain |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| DISHES |  |  |  |  | $\underbrace{\text { n. }}$ |  |  |  |  |  |  |  |  |  |
| $\begin{gathered} \text { Main Menu } \\ \text { Wk } 5 \end{gathered}$ | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cheese Sub Roll BF-95059,42389, 72537 |  |  |  | May contain |  |  | $\sqrt{ }$ |  |  |  |  | May contain | May contain |  |
| Ham Sub Roll BF-95059,42389, 45683 |  |  |  | May contain |  |  | May contain |  |  |  |  | May contain | May contain |  |
| Tuna Sub Roll BF-95059,42389, 30530,37897 |  |  |  | $\sqrt{ }$ | $\sqrt{ }$ |  | May contain |  |  |  |  | May contain | May contain |  |
| Bread <br> BR-130707 <br> BR-130706 <br> BF-11654 <br> BF-00774 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Salad Bar <br> Allergens highlighted on day If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Amended date: 27/3/2023

This is designed to be a guide only. For more details about specific product contact the school.

Reviewed by:
PJ
May Contain - This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT Agency
food.gov.uk

You can find this template, including more information at www.food.gov.uk/allergy

All pre-packed sandwiches have allergy awareness on the packaging

