


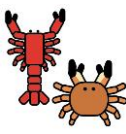
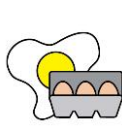
























DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Spring 2023 – V3

DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese & Tomato Pizza BR-113092		✓					✓							
Potato Wedges BR-111351	No Allergens													
Cucumber salad (Birring)	No Allergens													
Vegetable Rice BR-33582, 34026	No Allergens													
Peas (Chiltern Local)	No Allergens													
Jacket Potato Birring	No Allergens													
Fresh Mixed Melon (Chiltern Local)	No Allergens													
Grated Cheese CL							✓							
Yoghurts (Frubes) BR-110762							✓							
Beef Lasagne Chiltern Local BF – 21476,04193		✓					✓							
Garlic Bread BF 04216		✓					✓						✓	

DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn & Vegetable Bolognaise BR-135195		✓		✓										
Apple Crumble		✓		May contain			May contain						May contain	
Custard for crumble							✓							
Seasonal Fruit BIR	No Allergens													
Honey & Garlic Chicken BR-30271,17494	No Allergens												IN GRAVY	
Mash Potatoes BF-31321							✓							
Farmhouse Mixed Vegetables CL	No Allergens													
Mac 'n' Cheese BR-123389, 29604		✓					✓							
Fresh Fruit dessert BIR	No Allergens													
Fusili Pasta (plain) BF-70486		✓												
Pesto (to add to your fusilli pasta)							✓							

Baby carrots CL-	No Allergens													
DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mexican Bean & Vegetable Stir-fry BF-42409, BR-13381, 33655	No Allergens													
Wrap for Chicken and Vegetable BR-4380		✓												
Strawberry & Vanilla Mousse CL-							✓							
Coleslaw CL BR- 6898				✓										
Breaded White Fish Fillet BF-61210		✓			✓									
Gluten Free Fish finger BF-02771		✓			✓									
Vegetable Samosa CL	No Allergens													
Oven Chips BR-36141	No Allergens													
Peas CL	No Allergens													
Baked Potato Cheese/Beans BIR, BR-33655 CL							✓							

DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegan Sausage Roll BR-129445		✓					May contain							
Tuna Mayonnaise BR-6359, 6898				✓	✓									
Pork Sausage Roll BR-33640		✓												✓
Alpro Yoghurts BR-74858										May contain	May contain		✓	
Bread BR-130707		✓												
Baked beans (BD-30396)	No Allergens													
All sandwiches See packets for all ingredient list.														
Salad Bar Allergens highlighted on day If any														
Mini Sugared Ring Donuts BR-460729		✓		✓			✓						✓	

Review date: 8/12/2022

Reviewed by: PJ



You can find this template, including more information at www.food.gov.uk/allergy

This is designed to be a guide only. For more details about specific product contact the school.

May Contain – This is a warning that the product is used in the same factory/site.
IF IN DOUBT, LEAVE IT OUT!

All pre—packed sandwiches have allergy awareness on the packaging