

Chenies School PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception The Elms	Ball Skills – controlling a ball  Footwork and Coordination – changing speeds	Ball Skills – tracking, throwing and catching  Footwork and Coordination - changing speeds	Ball Skills – bouncing, tracking a ball  Footwork and Coordination - changing speeds	Ball Skills - moving a ball	Ball Games	Ball Games  Athletics
Year 1 & 2 The Elms	Ball Skills – kicking, travelling with a ball  Footwork and Coordination – change speed and direction	Ball Skills – aiming at targets  Footwork and Coordination – change speed and direction	Ball Skills – throwing  Footwork and Coordination – skipping, relays	Ball Skills – throwing  Footwork and Coordination – running, skipping	Ball Games	Athletics
Year 1 & 2 Chenies	Gymnastics travelling in different ways, pathways,	Gymnastics balance, sequencing, performing	Dance Simple movement phrases	Dance Creating patterns of movement	Gymnastics Body shapes Sequencing performing	Dance Topic linked
Year 3 & 4 The Elms	Tag Rugby	Football	Hockey	Tennis	Cricket	Athletics
Year 3 & 4 Chenies	Gymnastics Jumping, travelling, control	Gymnastics Sequencing and performing using apparatus	Dance (Topic Based)	Dance (Topic Based)	Swimming Yoga / Fitness	Swimming Yoga / Fitness
Year 5 & 6 The Elms	Football	Tag Rugby	Basketball Netball	Cricket	Tennis	Athletics
Year 5 & 6 Chenies	Gymnastics Bridges	Dance (Topic Based)	Swimming Yoga / Fitness	Swimming Yoga / Fitness	Gymnastics – Flight Functional use of limbs	OAA Dance Rounders