DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Spring 2023 V-3

DISHES						Lupin Flour			MUSTARD			HIGH CONTRACT		Beer
Main Menu Wk 5	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato Soup CL	No Allergens													
Baked Potato BIR	No Allergens													
Cheese Grated Chiltern Local							1							
Baked Beans BF-30396	No Allergens													
Tuna Mayonnaise BF-30530, 04134				1	1									
Bread Roll & Butter BF-81210		1					✓							
Fruit Yoghurts BF-72942,99120, 99126							\checkmark							
Exotic Fruit Salad CL	No Allergens													
Fresh Fruit BIR	No Allergens													
Warm Vegan Sausage Roll BR-129445		1					May Contain						1	
Beef Meatballs with tomato sauce BR-6437														

DISHES			X			Flour			MUSTARD			Nan C	\$	Beer
Main Menu Wk 5	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Steamed Rice BF-06587	No Allergens													
Carrots CL	No Allergens													
Vegan Meatballs with tomato sauce BF - 10307													\checkmark	
Orange & Mango Smoothie CL	No Allergens													
Roast Chicken & Gravy BR-111651 CL													IN GRAVY	
Roast potato BF-43028		\checkmark												
Cauliflower &Broccoli Cheese BF-04193, CL							\checkmark							
Farmhouse Mixed Vegetables CL	No Allergens													
Fresh Fruit platter BIR	No Allergens													
Cheese & Tomato Pasta Bake BR-123383, CL		\checkmark					\checkmark							
Lentil & Vegetable Pasta Bolognaise BF-56614, 17576, 45876, 70490		\checkmark												

DISHES						Lupin Flour			MUSTARD				6	Beer
Main Menu Wk 5	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Peas CL	No Allergens													
Syrup Sponge & Custard BR-1960, BF-03416		1		1			1						1	
Breaded white Fillet BF 60495		✓			1									
Fish Cake/Fingers (GF) BR-115800					\checkmark									
Bread BR-130707		\checkmark										May contain	\checkmark	
Salad Bar Allergens highlighted on day If any														
Chips BR-36141	No Allergens													
Choc Chip Muffin BF-19080		\checkmark		\checkmark			\checkmark			May contain	May contain		\checkmark	
Baked Beans BR-33655	No Allergens													
Vegan Sausage Roll BR-129445		\checkmark					May contain							

Amended date: 27/1/2023

This is designed to be a guide only. For more details about specific product contact the school. <u>May Contain</u> – This is a warning that the product is used in the same factory/site. IF IN DOUBT, LEAVE IT OUT

PJ

Reviewed by:



You can find this template, including more information at www.food.gov.uk/allergy

All pre—packed sandwiches have allergy awareness on the packaging