



November 2024

# Chenies School



[www.chenies.bucks.sch.uk](http://www.chenies.bucks.sch.uk)



**Congratulations to  
our new School Leads**

## SCHOOL COUNCIL

- Cassian (R)
- Rupert (Y1)
- Casian (Y2)
- Arlo (Y3)
- Robyn (Y4)
- Isheeta (Y5)
- Samuel (Y6)

## ECO WARRIORS

- Harry (R)
- Penelope (Y1)
- Alfred (Y2)
- Megan (Y3)
- Eliz (Y4)
- Arran (Y5)
- Anisha (Y6)

## From the Headteacher - Ms Sutherland

If you can believe it, we are just at the end of our sixth week of the new school year. It's been amazing to see our Reception students settling in so well. Our older students have really stepped up to welcome them and show them how we do things here at Chenies School.

Thank you all for your understanding when we had to close the school due to flooding. We did everything we could to get the school back up and functioning for our students and have put systems in place to ensure the weather has minimum impact for the winter ahead.

We are in full swing with music lessons and clubs. Mr Tom Norton has joined us from Bucks Music and is now teaching guitar lessons on a weekly basis.

We are delighted to welcome the Wild Kites team who are our new Forest School provider. Our Y6 students have been thoroughly enjoying their sessions with Jemma.





## Headteacher's note continued

Mr Jack Newing has joined us as our new PE Coach and run our Multi-Sports club in Tuesday afternoons. We are delighted to have Jack on board and he has made a really positive impression on our students already.

ODBST continue to support us closely in all departments and are currently exploring ways of marketing the school more effectively.



*"Don't judge each day by the harvest you reap but the seeds that you plant."* - **Robert Louis Stevenson**

## Celebrating Harvest

6th October

Thank you to everyone who has given so generously to our Harvest collection. Harvest Festival celebrates the time of year when crops have been gathered from the field and people can reflect and show gratitude for the food that they have. It dates back to when people relied on crops for food and farmers would give thanks for a good harvest.

The festival is usually celebrated on the Sunday nearest to the Harvest Moon which was the 6th October this year. Thank you to the Rev. Jon Bishop who led our Harvest assembly on the 9th October.





Chenies School  
**School Open Days**  
2024/2024

We are really looking forward to opening our doors next week for our first Open Day of the new school year for prospective parents and carers.

We have three upcoming dates:

- **9.30am on Wed, 16 October**
- **9.30am on Wed, 20 November**
- **1.30pm on Thu, 9 January**

Bookings can be made by calling the school office on 01923 282 546 or emailing [office@chn.odbst.org](mailto:office@chn.odbst.org).

The whole team have been working hard to ensure the school is looking it's best for our visitors.

Please share the dates which can be found on our [Instagram](#) or [FB](#) page

We are working with ODBST to update our website, social media platforms and marketing materials to promote our school.

We have applied to Bucks County Council to get some prominent signage on the Amersham Road (A404) to make our school more visible to the wider community and to those that don't know that we are here.



***"Let us remember: One book,  
one pen, one child, and one  
teacher can change the world."  
- Malala Yousafzai***



# Black History Month

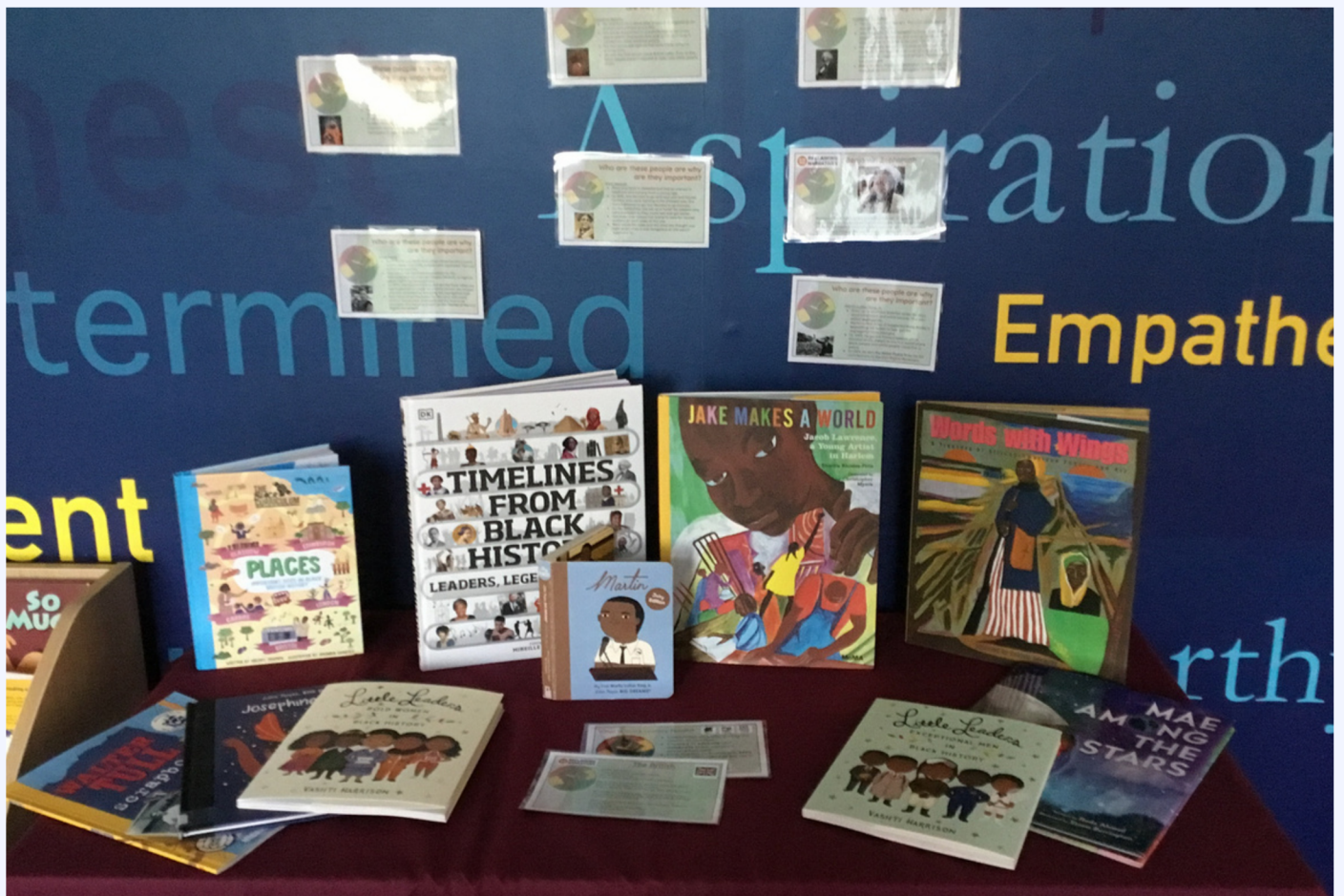
Tue, 1 Oct 2024 – Thu, 31 Oct 2024

[www.blackhistorymonth.org.uk](http://www.blackhistorymonth.org.uk)

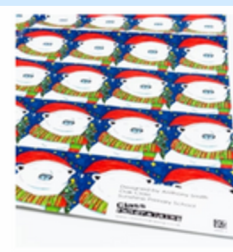
This month is Black History Month which we have been discussing in our assemblies.

What is Black History Month?

- Celebrated annually during the month of October.
- Created to educate and celebrate black people's accomplishments.
- First started in America in 1970 and first celebrated in the UK in 1987.



**PTA Fundraiser - Christmas Class**  
**Fundraising details to follow shortly**







# Dates for your diary

2024

## October

|   |   |
|---|---|
| Monday, 14 October –<br>Wednesday, 16 October   | Filming on Chenies Drive and the Green / Triangle<br><i>Filming has been rescheduled to the later date of Monday, 14 October through to Wednesday, 16 October. Please allow extra time for dropping off and picking up.</i> |
| Wednesday, 16 October                           | Dictionary Day<br><i>Dress up as a word from the dictionary</i>   |
| Wednesday, 16 October<br>(9.30am)               | Open Morning for Prospective Parents/Carers   |
| Thursday, 17 October                            | HOCKNEY – River Project Trip<br><i>Details to follow from Mr Bains. Available on ParentPay.</i>   |
| Thursday, 17 October                            | MONET – Autumn Walk<br><i>Email sent to parents on 10.10.24</i>   |
| Friday, 18 October<br>(3.15-3.30pm)             | PTA Bake Sale   |
| Thursday, 24 October<br>(during the school day) | NHS Annual Flu Vaccination (students)<br><i>Please refer to email dated Fri, 27 Sep. You <u>need</u> to complete this form if you want to opt in or out</i>   |
| Thursday, 24 October<br>(TBC 3.30-8pm)          | Parents/Carers Evening  |
| Friday, 25 October (3.15pm<br>finish)           | Last day of school before Half Term break   |
| Friday, 25 October<br>(6-7.30pm)                | PTA Halloween Disco (book tickets via Classlist)  |
| Monday, 28 October - Friday,<br>1 November      | HALF TERM – SCHOOL CLOSED   |







# Dates for your diary

2024

## November & December

|  |   |
|--|---|
| Monday, 4 November                     | INSET DAY - SCHOOL CLOSED   |
| Tuesday, 5 November                    | School reopens after Half Term break  |
| Friday, 8 November<br>(3.30-4.30pm)    | PTA AGM   |
| Friday, 15 November<br>(all day)       | Non Uniform Day – Children in Need  |
| Wednesday, 20 November<br>(9.30am)     | Open Morning for Prospective Parents/Carers   |
| Thursday, 21 November<br>(all day)     | Roving Book Sale  |
| Thursday, 21 November                  | Workshare Afternoon (being held in classrooms)<br>- 2.45-3.30pm Van Gogh<br>- 3.30-4.30pm Monet/Hockney/Hepworth  |
| Friday, 22 November<br>(3.15-3.30pm)   | PTA Donut Friday  |
| Friday, 29 November<br>(7-9pm)         | PTA Wreath Making Workshop (for details check Classlist)  |
| Fri, 6 December                        | PTA Non Uniform Day<br><i>Bring a bottle or sweets donation for the Christmas Fayre and wear your own clothes</i> |
| Sat, 7 December<br>(1-3pm)             | PTA Christmas Fayre   |
| Mon, 9 December                        | Last week of After School Clubs   |
| Thursday, 12 December<br>(Time TBC)    | EYFS K1 Performance   |
| Wed, 18 December                       | School Carol Performance<br>- 2pm = KS1<br>- 6pm = KS2  |
| Thu, 19 December                       | Christmas Jumper Day  |
| Friday, 20 December<br>(1.30pm finish) | LAST DAY OF TERM  |





# PTA NEWS & EVENTS

For more details visit [CLASSLIST](#)  
FB: [Chenies School PTA](#)  
E: [pta@chenies.bucks.sch.uk](mailto:pta@chenies.bucks.sch.uk)



## Bats and Beasties Walk

Friday, 4 October



A huge thank you to the PTA and to Laura Silvestone for organising the amazing Bats and Beasties walk last Friday. The event, which sold out really quickly, was very well attended and the bats did not disappoint. Laura taught us all some amazing facts about bats in the UK and then took us on a walk of the surrounding area. We were able to listen for the bats on bat detectors and then see them flying round Chenies Manor, the local church and our school. The evening was finished off with well deserved hot chocolates at school.

## PTA EVENT DATES FOR YOUR DIARY

For more information please visit [CLASSLIST](#)

**BAKE SALE**



FRI, 18 OCT

**HALLOWEEN  
DISCO**



FRI, 25 OCT

**PTA AGM**



FRI, 8 NOV

**DONUT FRIDAY**



FRI, 22 NOV

**WREATH  
MAKING  
WORKSHOP**



FRI, 29 NOV

**WEAR YOUR  
OWN CLOTHES  
DAY**



FRI, 6 DEC

**CHRISTMAS  
FAYRE**



SAT, 7 DEC

**CHRISTMAS  
JUMPER DAY**



THU, 19 DEC



# Other events in our community



## Nature Holiday club

Woodland Nature walk and make a beautiful willow lantern!

Monday 28th October  
9.30-3pm

Hervines Park Pavillion, Amersham  
suitable for reception- year 7

Book now

<https://bookwhen.com/natureclub>

Light Party!  
FOR 4-12 YEAR OLDS  
**CHENIES BAPTIST CHURCH**  
THURSDAY 31ST OCTOBER  
5:30-7:00PM  
Food, games, Bible story, sweets & fancy dress welcome - just nothing scary!

## Raising Awareness of things that affect families at our school

# POTS UK Awareness Day Friday 25th October 2024

POTS can develop after viruses, such as COVID-19

50% of PoTS patients are unable to attend work or school

Disability caused by PoTS is severe. Pre Covid, PoTS was estimated to affect 135,000 people in the UK

#TakeAStandForPoTS  
[www.potsuk.org](http://www.potsuk.org)



Postural Tachycardia Syndrome (PoTS) is a common but under-diagnosed condition causing frequent disabling symptoms including palpitations, lightheadedness, blackouts, fatigue, brain fog and breathing difficulties.

POTS UK Information sheet

### 10 Things you need to know about PoTS

- 1 Postural tachycardia syndrome (PoTS) is an abnormal response by the autonomic nervous system to upright posture. On standing up, patients experience multiple symptoms that include rapid palpitations, chest pains, light-headedness, blackouts, nausea, fatigue, difficulty thinking, gut problems, headaches, tremulousness, sleep abnormalities, and more!
- 2 Disability caused by PoTS is severe - equivalent to Congestive Heart Failure and Chronic Obstructive Pulmonary Disease (conditions that usually affect older people).
- 3 PoTS can occur at any age but the most common age for PoTS to develop is in young adulthood. 50% of patients are unable to attend work or school. The costs are enormous, both economically to the country and personally to sufferers and their families, given that many educational and career opportunities at this critical stage are irreversibly lost.
- 4 PoTS is often misdiagnosed. Mean time to diagnosis in the UK from symptom onset is 7 years.
- 5 PoTS is caused by or associated other conditions including Covid-19 infection, chronic fatigue syndrome and autoimmune conditions. Anecdotally, it may be triggered by trauma or pregnancy.
- 6 Up to 85% of PoTS patients are told that their symptoms are "all in their head" and given psychiatric labels of anxiety and depression, but research shows that PoTS patients are no more likely to have psychiatric disorders than the rest of the population.
- 7 Many healthcare professionals are not aware of PoTS yet it is estimated to affect 0.2% of the population.
- 8 Many patients are denied access to NHS specialists and treatments. Management is often complex and requires an informed physician. Some regions of the UK have no specialists and services in large centres (often in London) are overwhelmed with referrals. Children are especially affected by poor NHS healthcare provision for PoTS.
- 9 Over 90% of patients will respond to treatment, thus heightening the tragedy of delays in diagnosis and treatment. As it affects so many body systems, a multidisciplinary approach is recommended, but there is no such service available in the NHS for UK patients.
- 10 What does PoTS UK seek to achieve?
  - ▼ Ensure that PoTS patients have equitable access to healthcare
  - ▼ Raise awareness amongst healthcare professionals and the general public
  - ▼ Support research into causes of PoTS, impact on patients and effective treatmentsYou can learn more about PoTS from our website [www.potsuk.org](http://www.potsuk.org)





## Follow us on social media.....

