DISHES AND THEIR ALLERGEN CONTENT - St Josephs Catholic School- Spring 2023-V2

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Macaroni Cheese BD-70490,04193 |  | $\nu$ |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| Baked potato | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans (BD-30396) | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese CL |  |  |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |
| Fresh Leeks \& Peas CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Pineapple CL | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Sausage Roll BR-129445 |  |  |  |  |  |  | May contain |  |  |  |  |  |  |  |
| Chicken Korma BR-33599, 127121, 6437,470829,134644 CL, | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chickpea \& Veg Korma BR - 134644, 134644, 33599, 127121, 6437, 132404 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice (for curries) | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


| Sliced Carrots CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Iced Sponge Sprinkles BR-1960, |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  | $\nu$ |  |
| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fresh Fruit selection BIR | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurt Frubes BR-110762 |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Roast Gammon BF-22212 |  |  |  |  |  |  |  |  |  |  |  |  | In Gravy |  |
| Vegan Sausage Roll BR-129445 |  |  |  |  |  |  | May contain |  |  |  |  |  |  |  |
| Roast Potatoes BF-43028 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Farmhouse Mixed Vegetables CL | No Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna \& Tomato Pasta bake BR-70490, 17576, 30530 |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |
| Penne Pasta with grated cheese. (plain) BR-34026 |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas CL | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |


| Chocolate mousse CL |  |  |  |  |  |  | $\nu$ |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tomato \& Basil sauce BR-4334 | No allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| DISHES |  |  |  |  |  | 里 |  |  |  |  |  |  |  |  |
| Main Menu Wk 2 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Fish Cake BR-34900 |  | $\nu$ |  |  | $\nu$ |  |  |  |  |  |  |  |  |  |
| Fish Finger GF BD-02771 |  |  |  |  | $\downarrow$ |  |  |  |  |  |  |  |  |  |
| Baked Beans BD-30396 <br> Or BR33655 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Burger BF-41152 |  | $\nu$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Chips BR-36141 | No <br> Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Oreo Cookie Bar BR-84659 |  |  |  |  |  |  | May contain |  |  |  |  |  | $\nu$ |  |
| Bread BR-130707 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salad Bar Allergens highlighted on day If any |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Alpro Yoghurts BR-74858 |  |  |  |  |  |  |  |  |  | May contain | May contain |  | $\nu$ |  |

May Contain - This is a warning that the product is used in the same
factory/site.
IF IN DOUBT, LEAVE IT OUT!

You can find this template, including more information

All pre-packed sandwiches have allergy awareness on the packaging

