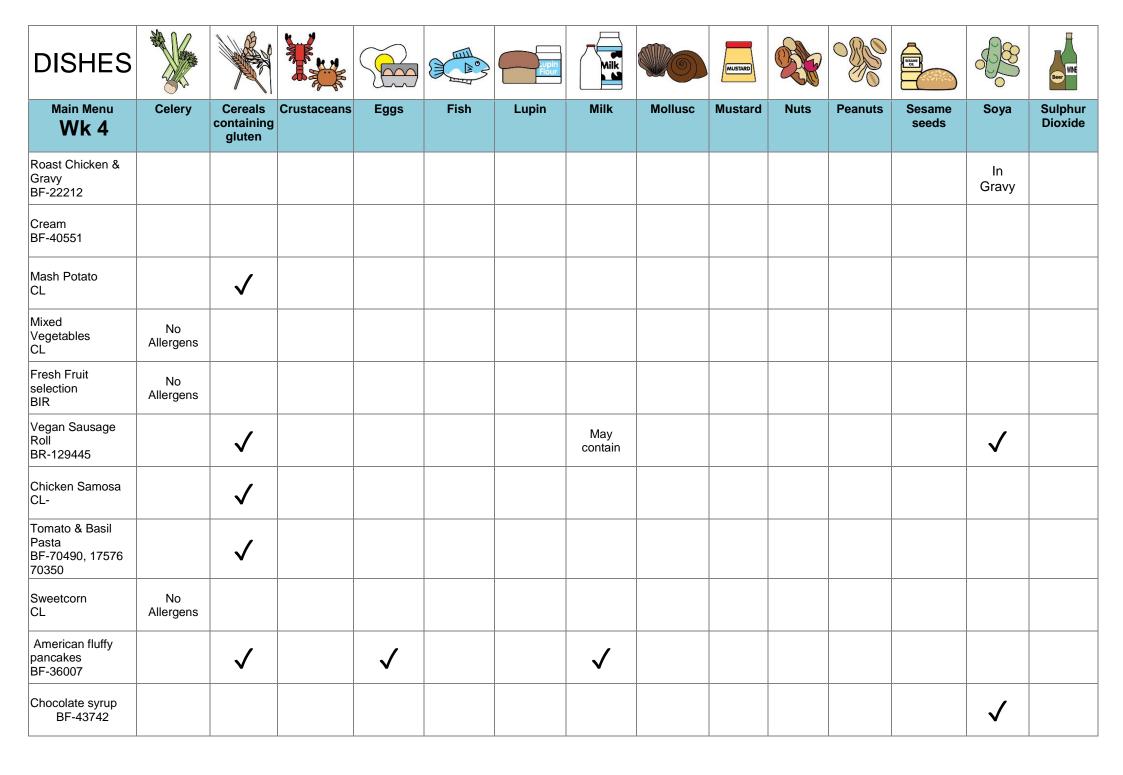
## DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Winter – V2

| DISHES  |                 |                           |             |      |      | Lupin<br>Flour | Milk     |         | MUSTARD |      |         | SISAM<br>OK     |      | Beer               |
|---|-----------------|---------------------------|-------------|------|------|----------------|----------|---------|---------|------|---------|-----------------|------|--------------------|
| Main Menu<br><b>Wk 4</b>                            | Celery          | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin          | Milk     | Mollusc | Mustard | Nuts | Peanuts | Sesame<br>seeds | Soya | Sulphur<br>Dioxide |
| Fusilli Pasta with tomato sauce BF-70492,           |                 | 1                         |             |      |      |                | 1        |         |         |      |         |                 |      |                    |
| Cheese Omelette<br>BF- 01594                        |                 |                           |             | 1    |      |                | <b>√</b> |         |         |      |         |                 |      |                    |
| Peas<br>CL  | No<br>Allergens |                           |             |      |      |                |          |         |         |      |         |                 |      |                    |
| Fresh Fruit<br>watermelon<br>CL                     | No<br>Allergens |                           |             |      |      |                |          |         |         |      |         |                 |      |                    |
| Yoghurts/Frubes<br>BF-72942, 99120,<br>99126,110762 |                 |                           |             |      |      |                | <b>√</b> |         |         |      |         |                 |      |                    |
| Jacket Potato<br>BIR                                | No<br>Allergens |                           |             |      |      |                |          |         |         |      |         |                 |      |                    |
| Grated Cheddar<br>Cheese<br>BF-29714                |                 |                           |             |      |      |                | <b>√</b> |         |         |      |         |                 |      |                    |
| Pork Sausage<br>CL-                                 |                 | 1                         |             |      |      |                |          |         |         |      |         |                 |      |                    |
| Vegetarian<br>Sausage<br>CL-                        | No<br>Allergens |                           |             |      |      |                |          |         |         |      |         |                 |      |                    |
| Hash Browns<br>BF-29867                             | No<br>Allergens |                           |             |      |      |                |          |         |         |      |         |                 |      |                    |
| Baked Beans<br>BR-33655                             | No<br>Allergens |                           |             |      |      |                |          |         |         |      |         |                 |      |                    |
| Autumn Berry<br>Sponge<br>BF-59905, 38050           |                 | 1                         |             | 1    |      |                | 1        |         |         |      |         |                 | 1    |                    |



| DISHES  |                           |                                 |             |          | D.       | Lupin<br>Flour | Milk           |         | MUSTARD |                |                | ISLANDA OF THE PROPERTY OF THE |      | Beer WINE          |
|---|---------------------------|---------------------------------|-------------|----------|----------|----------------|----------------|---------|---------|----------------|----------------|--|------|--------------------|
| Main Menu<br><b>Wk 4</b>                                  | Celery                    | Cereals<br>containing<br>gluten | Crustaceans | Eggs     | Fish     | Lupin          | Milk           | Mollusc | Mustard | Nuts           | Peanuts        | Sesame<br>seeds  | Soya | Sulphur<br>Dioxide |
| Breaded Fish fillet<br>CL                                 |                           | <b>✓</b>                        |             |          | <b>✓</b> |                |                |         |         |                |                |  |      |                    |
| Fish fingers GF<br>BF-02771                               |                           |                                 |             |          | <b>✓</b> |                |                |         |         |                |                |  |      |                    |
| Peas<br>CL  | No<br>Allergens           |                                 |             |          |          |                |                |         |         |                |                |  |      |                    |
| Cheese Omelette<br>BF-08456                               |                           |                                 |             | <b>√</b> |          |                | <b>√</b>       |         |         |                |                |  |      |                    |
| Oven Chips<br>BF-19253                                    | No<br>Allergens           |                                 |             |          |          |                |                |         |         |                |                |  |      |                    |
| Oreo Snack Bar<br>BF-88838                                |                           | <b>✓</b>                        |             |          |          |                | May<br>contain |         |         |                |                |  | 1    |                    |
| Cheese Roll<br>BF-81210,42389,<br>72537                   |                           | 1                               |             |          |          |                | ✓              |         |         |                |                | May<br>contain   |      |                    |
| Ham Roll<br>BF-81210,42389                                |                           | <b>✓</b>                        |             |          |          |                |                |         |         |                |                | May<br>contain   |      |                    |
| Tuna Mayo Roll<br>BF-81210,42389,<br>30530,37897          |                           | 1                               |             | 1        | 1        |                |                |         |         |                |                | May<br>contain   |      |                    |
| Tuna Mayonnaise<br>BF-30530,37897                         |                           |                                 |             | 1        | <b>✓</b> |                |                |         |         |                |                |  |      |                    |
| Alpro Yoghurts<br>BR-74858                                |                           |                                 |             |          |          |                |                |         |         | May<br>contain | May<br>contain |  | 1    |                    |
| Bread<br>BR130707130706<br>BF11654 00774                  |                           | 1                               |             |          |          |                |                |         |         |                |                |  | 1    |                    |
| All sandwiches<br>See packets for all<br>ingredient list. | See<br>Packet<br>wrappers |                                 |             |          |          |                |                |         |         |                |                |  |      |                    |

| Salad Bar<br>Allergens<br>highlighted on day<br>If any | See tin lids on the day |  |  |  |  |  |  |  |
|--|-------------------------|--|--|--|--|--|--|--|

Amended date: 26/09/2023

Reviewed by: PJ



You can find this template, including more information at www.food.gov.uk/allergy

This is designed to be a guide only. For more details about specific product contact the school.

<u>May Contain</u> – This is a warning that the product is used in the same factory/site.

<u>IF IN DOUBT, LEAVE IT OUT!</u>

All pre—packed sandwiches have allergy awareness on the packaging